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The original format by  
FEDERICO FERRARIS



The Exclusive Course in  
Advanced Esthetics Dentistry

adheshetics

A D V A N C E D

HANDS-ON COURSE



october 22nd-25th

MILAN

25

# adheshetics

A D V A N C E D



esthetic rules

planning 2D & 3D

emotional mock-up

communication in  
esthetic dentistry



# adhetics ADVANCED



prep & thickness

operative mock-up

impression

materials

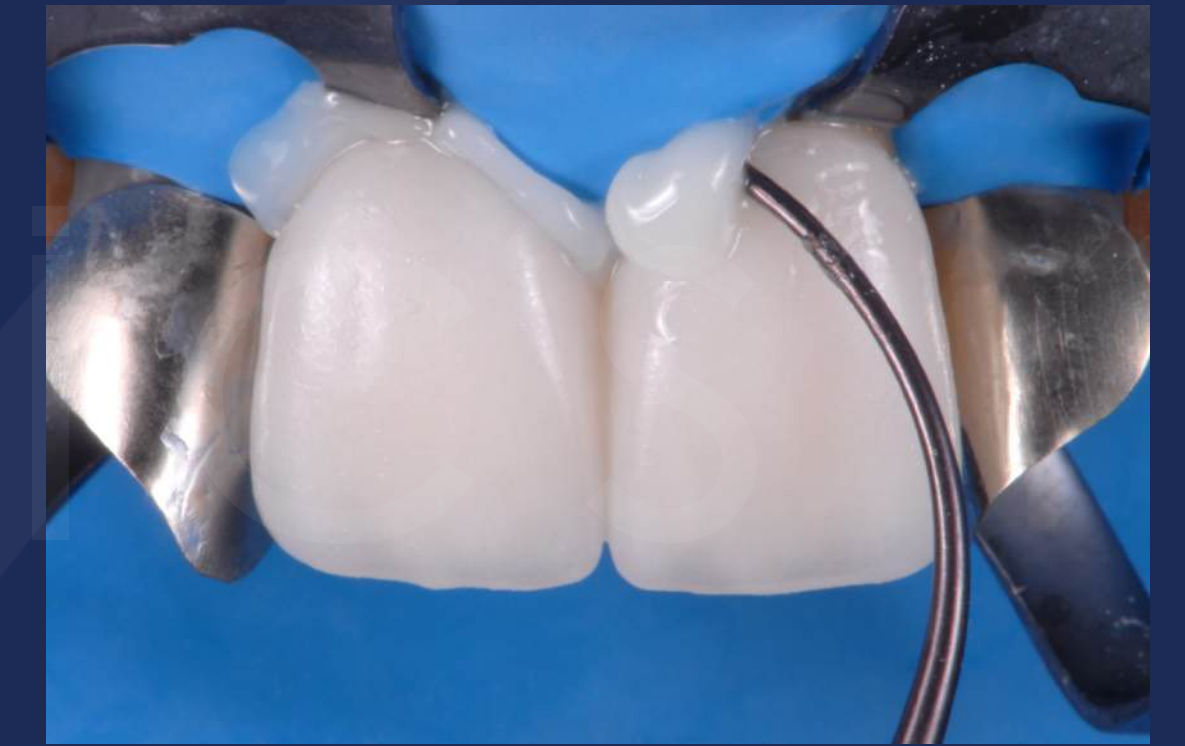
try-in



# adheshetics

A D V A N C E D

## adhesive cementation



## follow-up



WHY?

# adhesives

ADVANCED

How can be damaging for a dental clinic not to satisfy the esthetic needs of the patient?

How an harmonious smile is important in social life? Which are the mental mechanisms which guide in the choice and in the acceptance of an esthetic rehabilitation? These questions represent some of the fundamental principles of the esthetic rehabilitation nowadays.

The main character of this course is represented by ceramic veneers with their very detailed protocol. It will also be examined the **clinical protocols of: direct composite veneers, maryland, metal free restorations.**

In this course of theoretical-practical in-depth analysis, criteria of esthetic and how to plan properly the case with Digital Smile Design will be analyzed in order to evaluate the most effective communication with the patient.

The clinician can use different approaches in order to rehabilitate the esthetic of the smile and at Advanced course direct composite veneers and indirect ceramic veneers are analyzed in depth, in all the aspects of clinical protocols.

It will be examined how to approach with modern materials the replacement of the missing element with maryland bridge and how to manage the conditioning of soft tissues. Moreover, in the case of very damaged teeth or in the replacement of preexisting crowns, it is appropriate to realize a full crown restoration, taking into consideration the adhesive reconstruction with fiber post and the minimal preparation which metal free materials allow us today.

An accurate analysis of the adhesive cementation possibilities is the element that guarantee an excellent prognosis also with more fragile materials. The course offers an accurate review of the protocols for the esthetic rehabilitation with different approaches on natural tooth.

adhesethetics

A D V A N C E D

the language of the course is English



TRAINER

federico ferraris, DDS

4 DAYS

- theory      october 22nd 23rd (wed - thu)
- hands-on    october 24th 25th (fri - sat)

MAXIMUM NUMBER

13 participants

LOCATIONS

- Hotel NH Machiavelli - Via Lazzaretto 5 - 20124 Milan
- Dental Trey- Via Gran San Bernardo, strada 7, palazzo R/1  
20089 Rozzano\_Milan\_Italy

## FEDERICO FERRARIS, DDS, CDT

Born on 10<sup>th</sup> of August 1974 in Alessandria, Italy.

Graduated in Dental School at Genoa University as DDS in 1999. ADHESTHETICS founder.

EAED (European Academy of Esthetic Dentistry) Active Member since 2006.

AIC (Italian Academy of Conservative) Active Member since 2007. Vice-president from 2016 to 2019. President for the biennium 2023-2024.

SCAD (Society for Color and Appearance in Dentistry) Regional Councilor for Europe of for the biennium 2013/14 and 2015/16. Secretary for biennium 2017-2018. President for the biennium 2022-2023.

IJED (International Journal of Esthetic Dentistry) member of the Editorial Board since 2010.

JERD (Journal of Esthetic and Restorative Dentistry) member of the Editorial Review Board since 2021.

AARD (American Academy of Restorative Dentistry) Member since 2014.

DSD (Digital Smile Design) Master since 2013.

International speaker at dental congresses and courses in more than thirty Countries.

Other informations: National President of AISO (Italian Association of Dental Students) in 1997-99.

Trainer at the Dr. Massironi Prosthodontics Annual Master Course from 2004 to 2018.

Co-author of several Italian and International scientific publications including the book on Prosthodontics "Precision in Dental Esthetics" by D. Massironi, R. Pascetta, and G. Romeo published in 2004.

MSC (Massironi Study Club) Active and Founder Member from 2007 to 2018.

GICC (Interdisciplinary Gymnasium CAD CAM) Active and Founder Member from 2007 to 2016.

Visiting Professor in Esthetic and Restorative Dentistry in different Universities: Genoa University (IT), University of Pisa (IT), Insubria University of Varese (IT), Alma Mater University of Bologna (IT), Dental School of Torino (IT), CEU University San Pablo of Madrid (ES), University of Almeria (ES), Universidad Europea de Madrid (ES), New York University (USA), University of Washington in Seattle (USA).

Adjunct Assistant Professor in the Department of Preventive and Restorative Sciences in the Associated Faculty of the School of Dental Medicine of the UPenn University in Philadelphia since January 2020 until June 2025.

IAED (Italian Academy of Esthetic Dentistry) Active Member since 2011.

IAAD (International Academy for Adhesive Dentistry) Member since 2013.

Dental practice in Alessandria, focusing in Operative Dentistry and Prosthodontics.

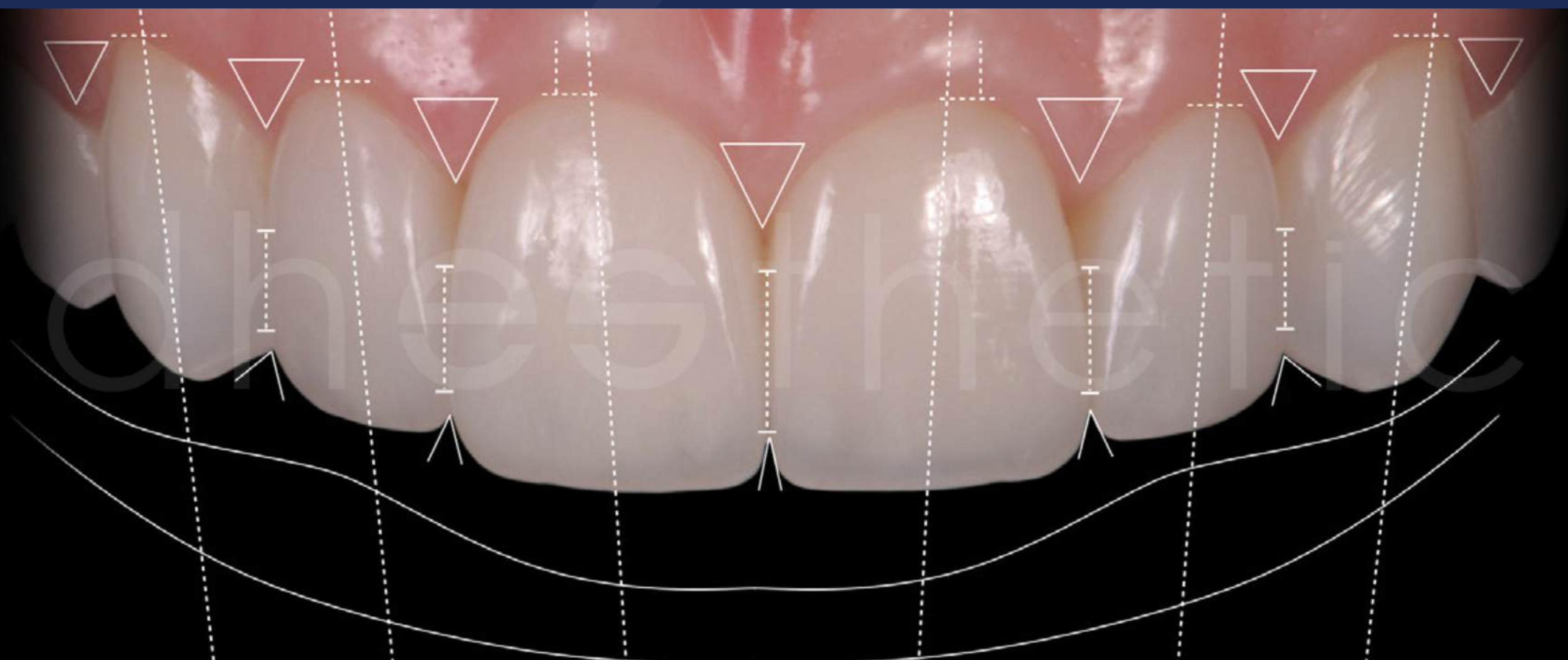


# adesthetics

## A D V A N C E D

### T H E O R Y

- the approach to esthetic rehabilitation
- esthetic rules
  - morphology, texture and color
  - the smile in facial harmony
- DSD protocol: theory • videos projections
  - photos & videos
  - facial references
  - intraoral protocol
  - information transfer
- communication in esthetics
  - the 7 fundamental rules for communication in esthetics
  - the operative sequence into communication and in the acceptance of the project
- indirect ceramic veneers, clinical protocols:
  - indications and clinical considerations
  - timing of ceramic veneers - mock up: theory • videos projections
  - preparation: no prep, minimal prep and classical preparations: theory • videos projections
  - impression and temporary phase (3 different approaches)





# adhesives

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## THEORY

- esthetic try in: theory • videos projections
- adhesive cementations: theory • videos projections
- anterior onlays in composite, clinical protocol
- indications, advantages and disadvantages
- clinical protocol (timing, impression, realization and cementation)
- veneerlay, indications and clinical protocol • videos projections
- direct composite veneers, clinical protocol
  - indication and planning
  - palatal shell technique: theory • videos projections
  - index technique: theory • videos projections
  - no prep approach: theory • videos projections
  - layering phases: theory • videos projections
  - finishing and polishing: theory • videos projections
- metal free maryland bridge, clinical protocol
  - indications and prognosis
  - prep or no prep?
  - single or multiple retainers
  - metal free materials
  - soft tissues conditioning
  - adhesive cementation



# adesthetics

## A D V A N C E D

### T H E O V Y

- esthetic full crowns, clinical protocol
  - indications
  - reconstruction with adhesive post: theory • videos projections
  - chamfer preparation modified traditional and 0.6mm:
  - impression and try in: theory • videos projections
  - cementation (adhesive and traditional): theory • videos projections

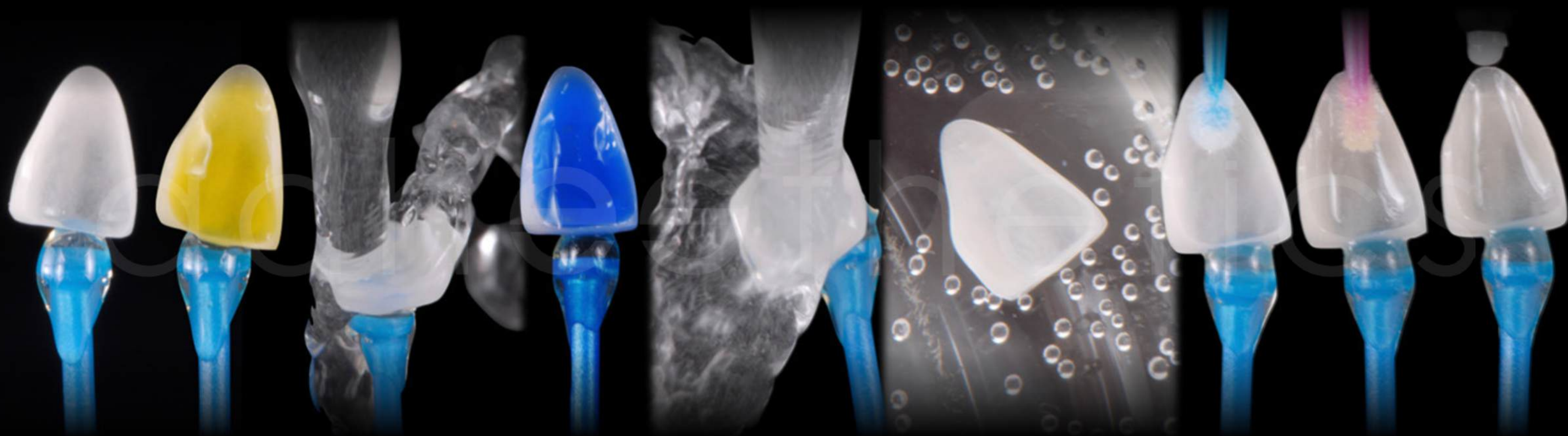


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## HANDS-ON

- preparation for indirect ceramic veneers
  - minimal prep (0,3mm): hands-on exercise
  - classical preparations (0,6mm): hands-on exercise
- direct composite veneers: hands-on exercise
- anterior full crown preparation: hands-on exercise



adheshetics

PROVIDED  
MATERIAL

- bur kit adheshetics
- LD 1372A indirect restorations
- enamel dentinal adhesive E&R, SE and universal
- different types of composite for esthetic restoration
- curing lights
- models for practice with removable teeth
- conservative instrument kit adheshetics Theca

TIMING

from 9:00 - to 18:30



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LOCATION



## THEORY

Hotel NH Machiavelli

Via Lazzaretto 5  
20124 Milan  
Tel. +39 02 631141  
[www.nh.hotels.it](http://www.nh.hotels.it)

 dental trey

## HANDS-ON

Dental Trey

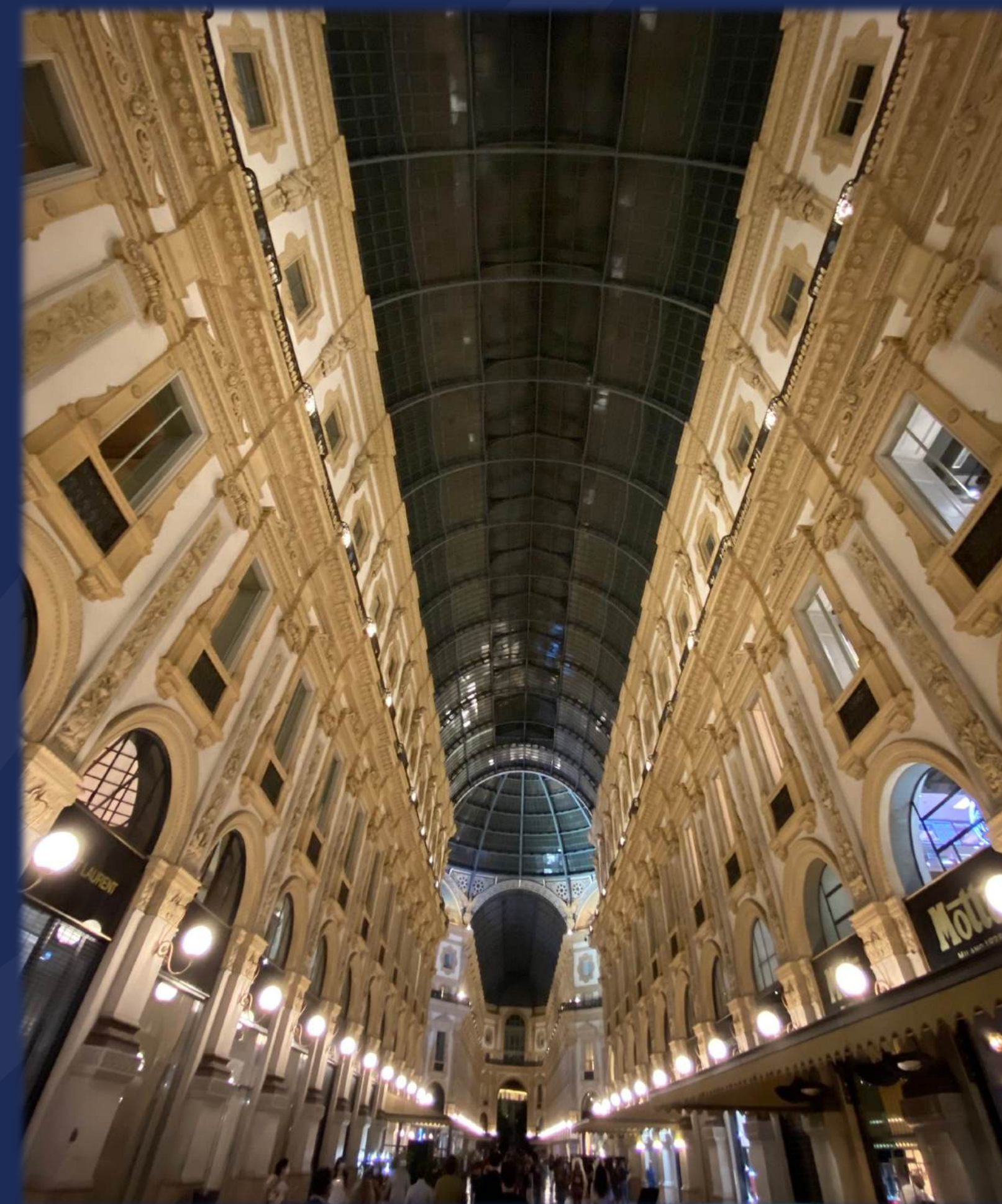
Via Gran San Bernardo  
strada 7 - palazzo R/1  
20089 Rozzano\_Milan  
[www.dentaltre.it](http://www.dentaltre.it)



adhesthetics

A D V A N C E D

live the exclusive adhesthetics experience  
enjoy the **Milan** magic atmosphere



# adhesthetics

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## ABOUT THE COURSE...

*"I loved doing Federico's course, I found it very good both technically and personally. I suggest that all Brazilians do it, it was a wonderful experience..."*

**(Fabiana Gill, Tremembé - Brazil)**

*"For mi it was a very good success for how everything happened. It was something like I was inspired, and I'm eager to go in the practice and to apply what I found out there. It's about to give you the inspiration, the eagerness, the courage to go and to try something new in your practice, something like maybe you didn't do before or you left a little bit afraid to do it..."*

**(Dragos Cirstea, Kidlington - Great Britain)**

*"To listen to Federico sharing his knowledge and different things that I'm going to implement in my daily practice, so I think this course was definitely a must and I can advise it for any other dentist to certainly participate to this course...."*

**(Michael Van Styvendael, Overmere - Belgium)**

*"I came to look for a little more perfection in direct composite restorations, the course has been amazing...."*

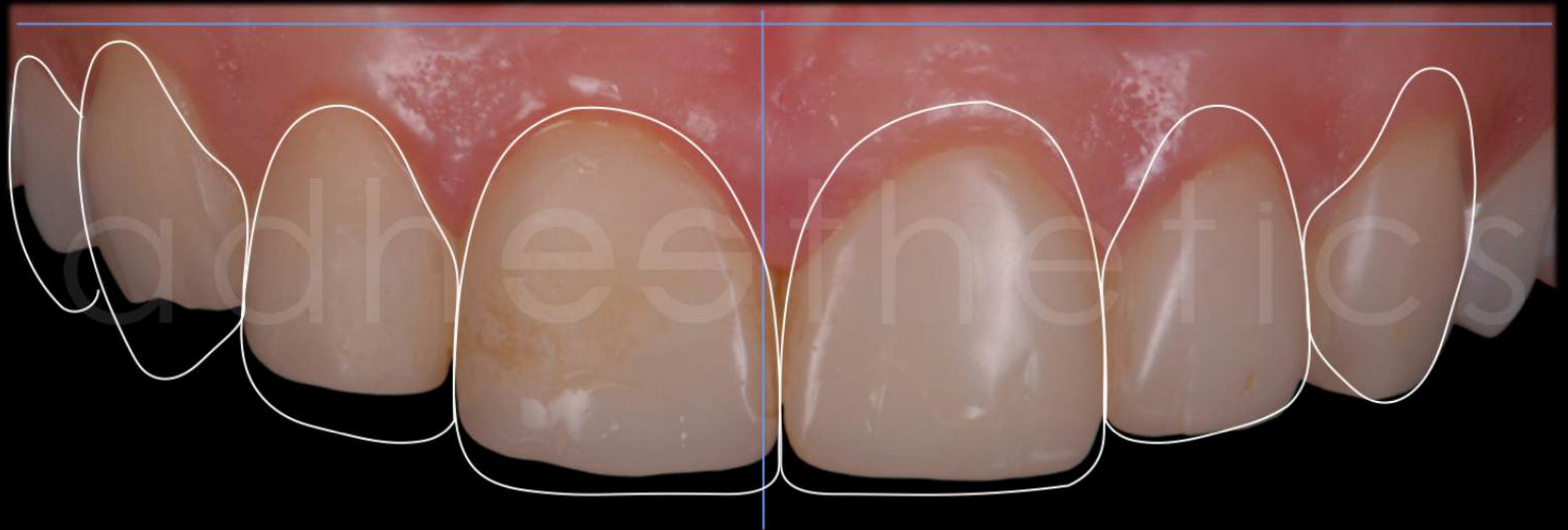
**(Sergio Salasar Burgueno, Torremolinos - Spain)**





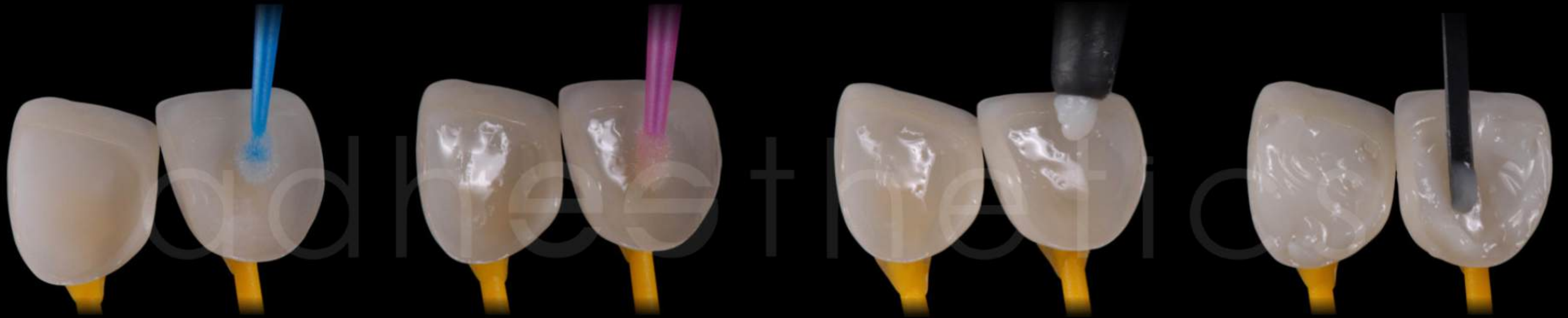
# adheshetics

## A D V A N C E D



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INFO



**The official language of the course is English**

Full video recording of the course is prohibited, photographs are allowed

## ASK NOW THE BEST CURRENT OFFER

To receive info about costs, promotions and to proceed with registrations please write an e-mail or send a whatsapp message:

Federico Ferraris Educational: [info@federicoferraris.com](mailto:info@federicoferraris.com)  
[www.adhesthetics.com](http://www.adhesthetics.com) - [www.federicoferraris.com](http://www.federicoferraris.com)

tel: +39 0131 383068 - whatsapp: +39 348 3498262  
Smartover Srl: [info@smartover.com](mailto:info@smartover.com)

TIMING

from **9:00** - to **18:30**